

Managing Market Volatility:

Conversation starters

**The benefits
of staying invested.**



**Investing during
uncertainty.**



**Managing market
volatility.**



**The difficulties of
market timing.**



BlackRock

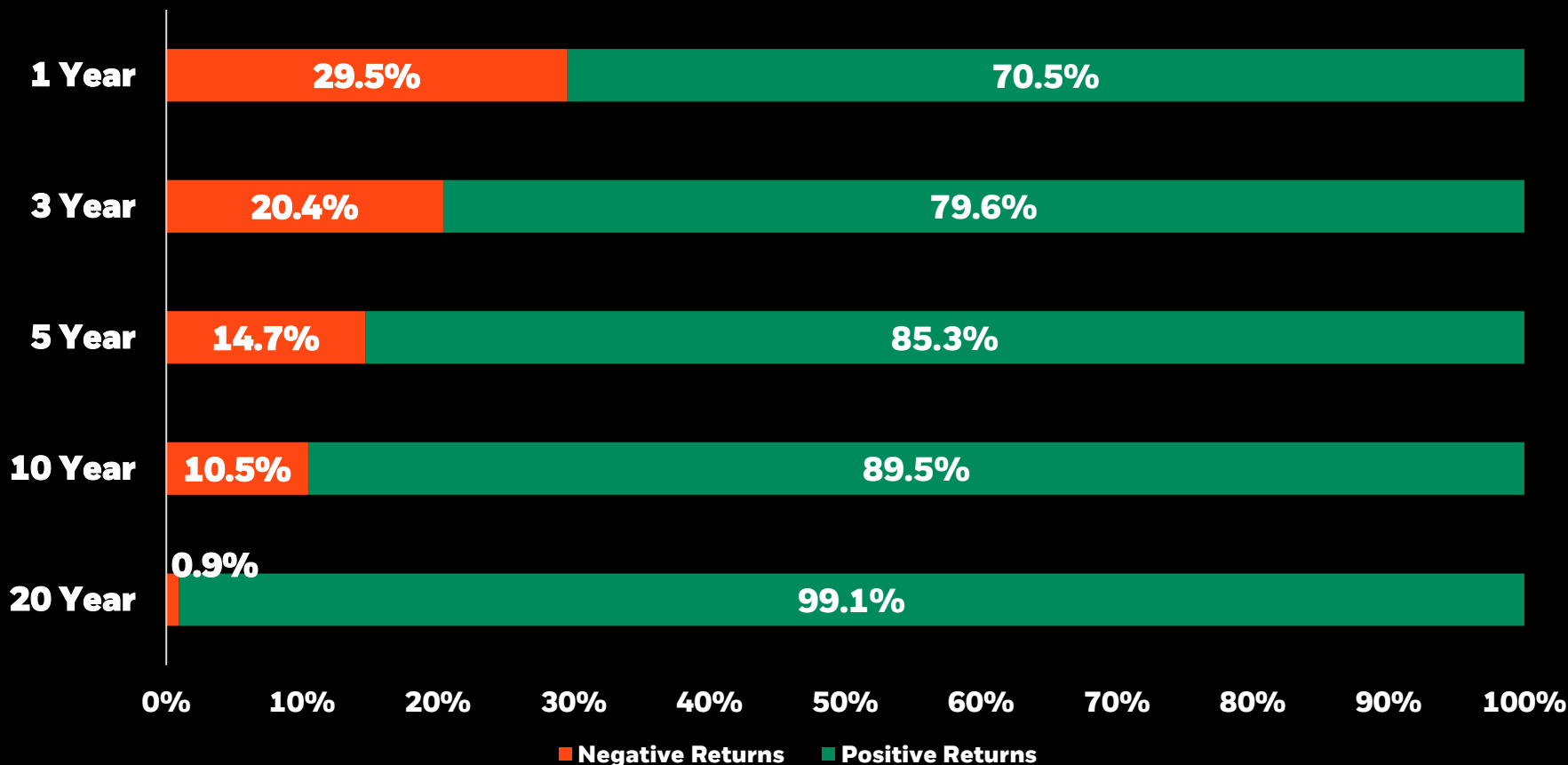
The benefits of staying invested.

Capital at risk. The value of investments and the income from them can fall as well as rise and are not guaranteed. Investors may not get back the amount originally invested.





The longer you stay invested, the lower the likelihood of losses



A 1 year holding period has a **30%** likelihood of **negative returns**

Increasing the holding period to **5 years**, **halves** the **probability** of a negative return

While a **20 year** investment period reduces the probability of losses to **less than 1%**

Past performance is not a reliable indicator of future returns. Index performance returns do not reflect any management fees, transaction costs or expenses. Indices are unmanaged and one cannot invest directly in an index.

Source: BlackRock Robert J. Shiller. Multi Asset Portfolio comprised of 60% S&P 500 index, and 40% 10 Year US Government Bonds. Probabilities represent the proportion of rolling investment periods of the specified length that delivered negative and positive real returns (using US Consumer Price Index as measure of inflation) between January 1871 and December 2025 based on monthly data. US indices used as proxy for global indices given large allocation to US in global indices.



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Investing during uncertainty.

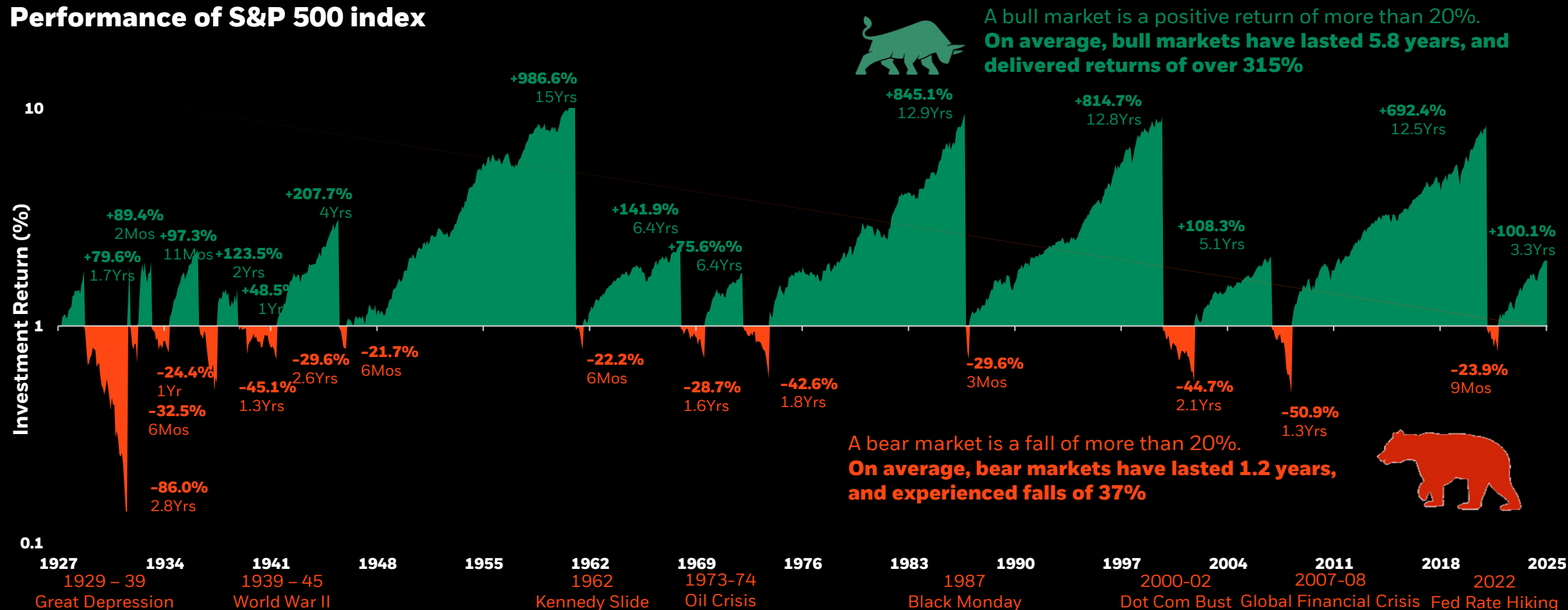
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The positive periods for investors have outweighed the negative ones

Performance of S&P 500 index



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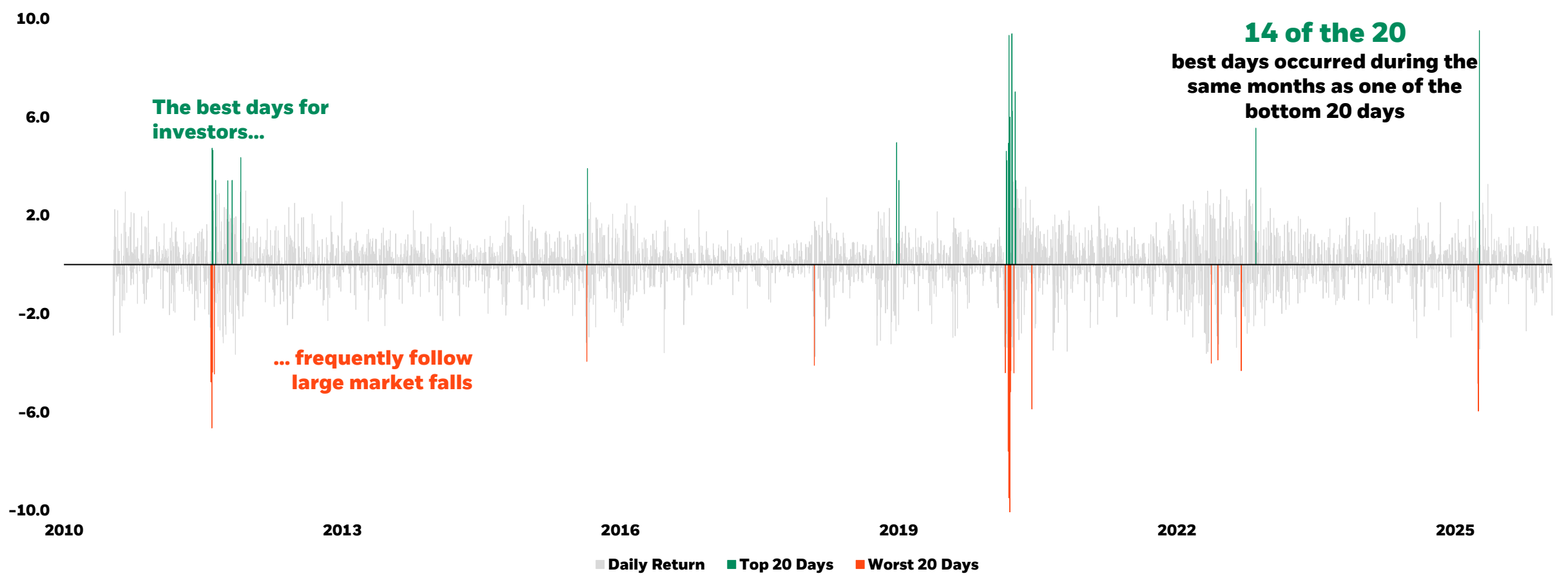
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Stopping investing if markets fall can reduce returns

Daily returns of the stock market (%)



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Source: Bloomberg and BlackRock as of 01/01/2026, S&P 500 Index net total return.



Missing the best days in markets can be very painful

Growth of £10,000 invested in the stock market after 15 years



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Source: Bloomberg and BlackRock as of 05/01/2010 - 01/01/2026, S&P 500 Index net total return. Methodology: fully invested assumes £10,000 invested on first day, with returns reinvested daily. Missing days assumes portfolio is out of the market for the highest 5,19,15 and 20 daily returns respectively.



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The difficulties of market timing.

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Examining three approaches to investing £10,000 in the stock market

Worst Timing William

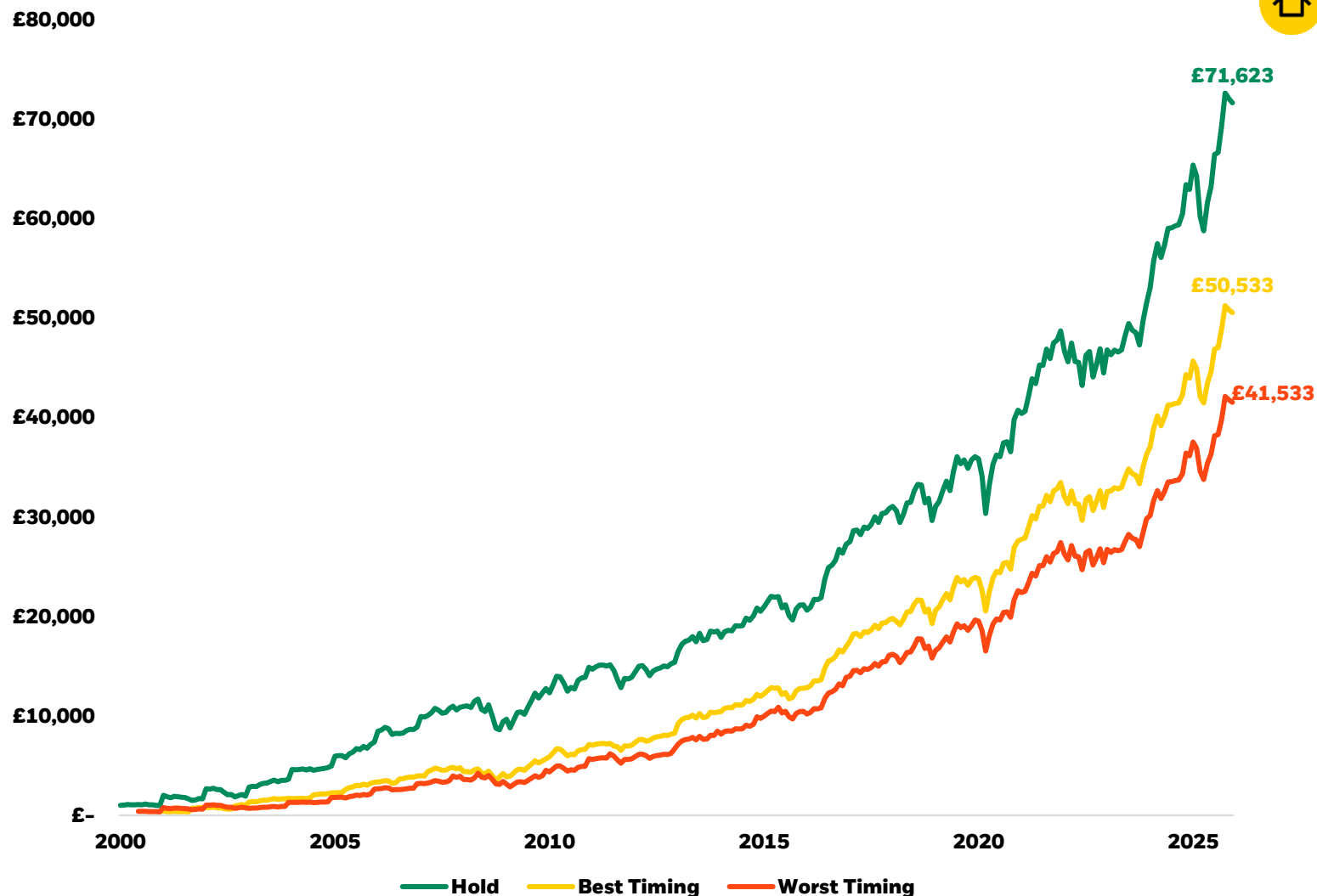
Spreads investment over the period, happens to add to his portfolio on the market **high** of each year

Best Timing Beatrice

Spreads investment over the period, happens to add to her portfolio on the market **low** of each year

Buy-and-Hold Harry

Buys into the market at the beginning of the period and **holds** throughout¹



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Appendix

MIFID Performance Data

Year	S&P 500	Multi Asset Portfolio	MSCI ACWI
2015	2.0%	2.0%	3.2%
2016	11.7%	6.8%	28.7%
2017	20.9%	13.8%	13.2%
2018	-1.8%	-1.5%	-3.9%
2019	26.2%	20.2%	21.7%
2020	18.5%	15.1%	13.0%
2021	28.3%	15.5%	19.6%
2022	-15.0%	-15.0%	-8.7%
2023	21.7%	13.2%	15.8%
2024	30.0%	18.5%	19.8%
2025	13.5%	3.9%	9.8%

Past performance is not a reliable indicator of future returns. Index performance returns do not reflect any management fees, transaction costs or expenses. Indices are unmanaged and one cannot invest directly in an index.
Source: Bloomberg and BlackRock as of 01/01/2026

Important information

Risk Warnings

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